Printing Instructions:

1. Print this page on thick paper or card stock.

2. Carefully cut out template following the red dotted line and outline with scissors or a craft knife.

3. Hang on your door so patients feel comfortable asking about their symptoms.

Door Hanger

Are you experiencing any of the following bowel symptoms?

✓ Sudden changes in bowel frequency
✓ Changes in what your stool looks like
✓ Frequent gas
✓ Constipation (infrequent or hard-to-pass bowel movements)
✓ Diarrhea (watery, loose stools three or more times a day)
✓ Blood in your stool
✓ Sudden or strong stomach pain

Don’t suffer in silence. Ask about your symptoms.
Before you go...
Let’s do a quick gut check.
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Don’t suffer in silence. Ask about your symptoms.

Trust your Gut

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