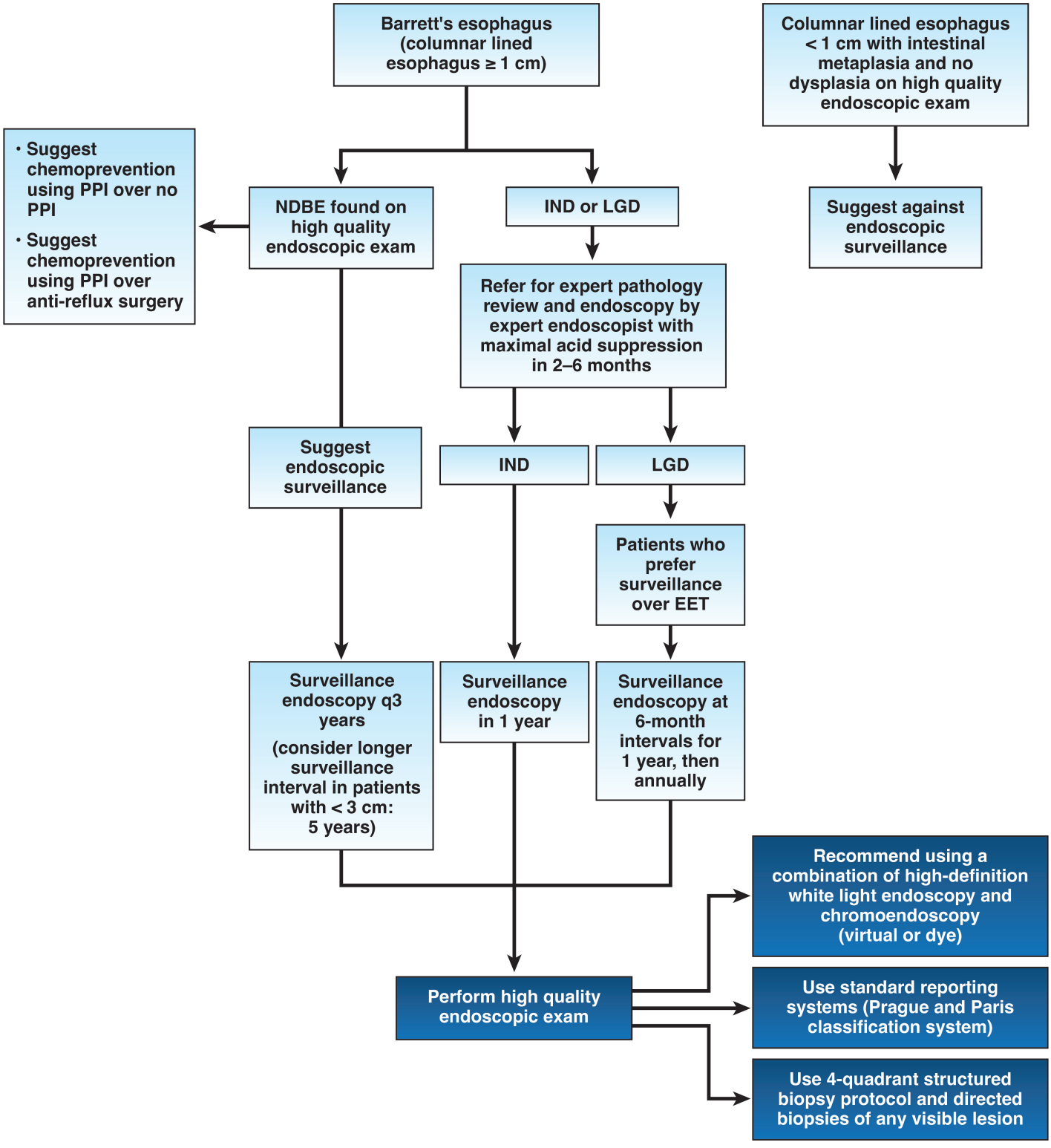
Barrett's esophagus (columnar lined esophagus ≥ 1 cm)
Columnar lined esophagus < 1 cm with intestinal metaplasia and no dysplasia on high quality endoscopic exam
• Suggest chemoprevention using PPI over no PPI
• Suggest chemoprevention using PPI over anti-reflux surgery
NDBE found on high quality endoscopic exam
IND or LGD
Suggest against endoscopic surveillance
Refer for expert pathology review and endoscopy by expert endoscopist with maximal acid suppression in 2–6 months
Suggest endoscopic surveillance
IND
LGD
Patients who prefer surveillance over EET
Surveillance endoscopy q3 years
(consider longer surveillance interval in patients with < 3 cm: 5 years)
Surveillance endoscopy in 1 year
Surveillance endoscopy at 6-month intervals for 1 year, then annually
Recommend using a combination of high-definition white light endoscopy and chromoendoscopy (virtual or dye)
Perform high quality endoscopic exam
Use standard reporting systems (Prague and Paris classification system)
Use 4-quadrant structured biopsy protocol and directed biopsies of any visible lesion